Word of the Month

in·teg·ri·ty

noun 1. soundness of and adherence to moral principle and character2. uprightness; honesty.



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Brain

Monday, August 23

Breakfast

W/G Cereal, Mozzarella Cheese Stick, 100% Orange Juice, Peaches, Milk

<u>Lunch</u>

Corn Dog, Vegetarian Baked Beans, Mixed Fruit, Milk

Tuesday, August 24

Breakfast

Taco Egg Ham Cheese, Soft Shell, Pineapple Tidbits, Milk

Lunch

Turkey Taco, W/G Tortilla, Shredded Cheddar Cheese, Diced Tomatoes, Shredded Lettuce, Taco Sauce, Diced Pears, Milk

Wednesday, August 25

Breakfast

W/G French Toast Sticks, Sausage Patty, Syrup, Pears, Milk

Lunch

Chopped Steak, Brown Gravy, Mashed Potatoes, Corn, W/G Roll, Mandarin Oranges, Milk

Thursday, August 26

Breakfast

Breakfast Pizza, Sliced Fresh Apple, Milk

Lunch

Popcorn Chicken, Sweet Potatoes Nuggets, Peas & Carrots, Pineapple Tidbits, Milk

Friday, August 27

Breakfast

Blueberry Muffin, Hard Boiled Egg, Mandarin Oranges, Milk

Lunch

Tuna Salad, Carrot Salad, W/G Bun, Diced Peaches, Milk

Ticklers

Before Mt. Everest was discovered, what was the tallest mountain on earth?

(Hold the page upside down and read it in a mirror for the answer!)

Mt. Cvzrzst! It didn't have to be "discovered" to be the tallest!

Monday, August 30

Breakfast

W/G Cereal, Colby Cheese Stick, 100% Grape Juice, Pineapple Tidbits, Milk

Lunch

Beef Chili, Brown Rice, Fresh Carrots, W/G Roll Pears, Milk

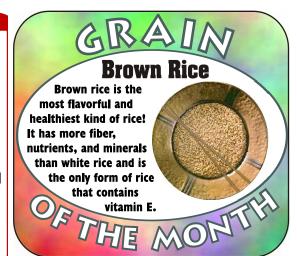
Tuesday, August 31

Breakfast

Egg Cheese Sandwich, W/G Bun, Applesauce, Milk

Lunch

Turkey Hot Dog, W/G Bun, Vegetarian Baked Beans, Pineapple Tidbits, Milk



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